

ALDINE INDEPENDENT SCHOOL DISTRICT CHILD NUTRITION SERVICES



Wellness Plan Scorecard completed by Principals Summary SY 22-23

Total schools submitted - 82

NUTRITION PROMOTION AND EDUCATION- Section 1				
Objective	Met	Not	N/A	Percent
		Met		NOT met
1- Each campus and building will ensure	82	-	-	0%
healthy nutritional messages are				
accessible to all students, staff, and				
stakeholders.				
2- Each campus and building will provide	77	5	-	6%
activities and resources that				
encourage community stakeholders to make				
healthy food choices.				
3- Campus administrators will screen all	79	1	2	1%
food and beverage advertisements				
accessible to students during the school				
day to ensure they meet federal				
guidelines. Exception includes the 6				
exempt				
fundraiser days as per Texas Department of				
Agriculture (TDA).				

NUTRITION PROMOTION AND EDUCATION- Section 2				
Objective	Met	Not	N/A	Percent
·		Met		NOT met
1- The Coordinated School Health	75	6	1	7%
Team (may include school				
administrator, nurse, cafeteria				
manager, health teacher, physical				
education teacher, etc.) will provide				
nutrition education through a variety				
of settings.				
2- Implement cross-curriculum education to	77	4	1	5%
promote healthy nutritional lifestyles.				
3- Designated district personnel shall be	64	10	8	12%
provided staff development for the Nutrition				
Education Program.				

PHYSICAL ACTIVITY				
Objective	Met	Not Met	N/A	Percent NOT met
1- Every campus will provide fitness activities for all students. Schools will provide opportunities for every student to develop the knowledge and skills for specific physical activities in accordance with district, state and national guidelines.	82	-	-	0%
2- Each classroom subject will have one or more daily kinesthetic learning breaks.	67	11	4	13%
3- Each campus will implement a before-or- after school physical activity program each semester.	60	17	5	21%
4- Create opportunities for employees to balance life goals and stressors in a positive work environment to promote physically active lifestyles for students.	64	4	-	5%
5- Each campus will offer at least one event per semester either during or outside of normal school hours that involves and promotes physical activity and includes both parents and students in the event.	65	15	2	18%
6- Provide information to the community regarding district facilities that are available for use outside of the school day.	56	13	13	16%

SCHOOL-BASED ACTIVITIES				
Objective	Met	Not Met	N/A	Percent NOT met
1- Campus administration and child nutrition will adhere to all recommendations and guidelines regarding sufficient eating time and cafeteria cleanliness, safety, and environment.	82	-	-	0%
2- Wellness events will be conducted on campus as well as district wide	79	3	-	4%
3- Create opportunities for employees to balance life goals and stressors in a positive work environment.	79	3	-	4%